

# Exercise is Essential, but Diet & Nutrition are Decisive <sup>tm</sup>

## It's Impossible to Exercise Your Way Out of a Bad Diet

Easy Nutrition Tracking  
Weight & BMI Tracking  
Blood Pressure Tracking & Classification  
Healthy Diet Suggestions  
Pop-up Help on all Screens  
Auto Graphs of Everything  
Designed for Non-Excel Users



Download the **Free Academic Version** of **Cv Trax XL**

[www.DataDancer.com](http://www.DataDancer.com)

**Selective Tracking ► Diet, Nutrition, Weight, Lifestyle and BP**

**Investing In Your Health Pays Dividends All Life Long**

**Nutrition is Key to a Healthy Life**

[mail1@datadancer.com](mailto:mail1@datadancer.com)

 **DataDancer**®  
Medical Systems